



Mizzou's HDFS Bachelor of Science Degree in Family and Lifespan Development prepares students to understand and support individuals, families, and relationships throughout the lifespan and in a variety of contexts.



PROMOTE POSITIVE RELATIONSHIP AND FAMILY DYNAMICS

Identify key relationship processes that contribute to the well-being of children, adults, couples, and families as they interact in various contexts



ENCOURAGE SUCCESSFUL DEVELOPMENT ACROSS THE LIFESPAN

Apply research and theory about the influences and variations of development across infancy, childhood, adolescence, adulthood, and late life



ADVOCATE FOR INDIVIDUALS AND FAMILIES IN DIVERSE CONTEXTS

Recognize the role of diversity in race, culture, socioeconomic status, health status, and family structure on the lives of individuals and families

DIVERSE CAREER OPPORTUNITIES

- Relationship and parenting education
- Afterschool/youth development programs
- Cooperative Extension
- Crisis shelters and centers
- Foster care and adoption
- Family/social service agencies
- Child/family policy analysis and advocacy
- Early childhood development and intervention programs

More career information:

<https://hdfs.missouri.edu/students/careers/>

HANDS-ON PROGRAM

- Gain broad knowledge of development and relationships
- Choose coursework that aligns with your interests and career goals
- Apply information and learn first-hand in field training, internships, and practica experiences
- Complete HDFS and MU general education requirements and electives
- Qualify for the Certified Family Life Educator (CFLE) credential from the National Council on Family Relations

LEARN MORE

<https://mizzou.us/hdfs fld>



“I use what I learned when I engage with new audiences to discuss difficult topics related to inclusion, equity, and social justice... so I can connect with people across different culture, age, life stage, and their own personal development.”

**CHELSEA DRAKE | BS '12
FAMILY & LIFESPAN DEVELOPMENT
Family/Relationships Focus**

**DEI Program Manager,
Community Health Choice**



“The FLD program prepared me to open my own early childhood program through hands-on experience, practicing in-detail childhood program planning, and instruction and leadership from seasoned early educators.”

**KRISTA BEARD | BS '20
FAMILY & LIFESPAN DEVELOPMENT
Early Childhood Focus**

**Director,
Spirited Child Early Learning Center**



“Adoption and foster care is often stressful and unpredictable. I frequently use what I learned as an HDFS student about how everyone is shaped by their own experiences to help families cope with the changes.”

**ALLIE FREESE | BS '18
FAMILY & LIFESPAN DEVELOPMENT
Family/Relationships Focus**

**Foster Care Adoption Specialist,
Cornerstones of Care**

FLD IN HDFS - A SMART CHOICE

HANDS-ON EXPERIENCES

- Experiential learning in community-based field training and internships or in on-campus Child Development Lab
- Build research skills working with faculty on a wide variety of ongoing projects

SCHOLARSHIP OPPORTUNITIES

- MU scholarships for first-time, transfer, and continuing undergraduate students
- Federal financial aid eligible
- CEHD and HDFS scholarship opportunities available

ENGAGING COURSEWORK

- Choose elective courses to build focus area
- Courses in development across the lifespan
- Intimate relationships and marriage
- Interpersonal relationships and family dynamics
- Multicultural study of children and families



Community internships, such as working with parenting programs



Build experiential learning at the MU Child Development Lab

QUESTIONS? CONTACT:

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IMPROVING THE LIVES OF INDIVIDUALS AND FAMILIES.