



## IMPROVING THE LIVES OF INDIVIDUALS AND FAMILIES

**Develop in-demand, practical knowledge and skills** for working with people in many stages of life. HDFS undergraduate programs include:



### **CHILD LIFE**

- Help children and families cope with the stress of illness, injury, and medical treatment



### **FAMILY & LIFESPAN DEVELOPMENT**

- Understand and support children, adults, families, and relationships throughout the lifespan



### **MINOR IN HDFS**

- Complement another degree with specialized knowledge about development and relationships



### **UNDERGRADUATE CERTIFICATE IN APPLIED CHILD AND YOUTH DEVELOPMENT**

- Understand key milestones, challenges, and contexts critical to working with this population

### **CAREER PATHS**

- Relationship and parenting education
- Family/social service agencies
- Afterschool/positive youth development programs
- Pediatric health care settings
- Early childhood education
- Family advocacy programs
- Cooperative Extension
- Refugee/immigrant supports
- Older adult support programs
- Policy analysis and advocacy
- Crisis shelters and centers
- Social service program management
- Prevention/intervention
- Foster care and adoption
- Military support services

**LEARN MORE**

<https://mizzou.us/hdfs-undergrad>



**Human Development  
and Family Science**  
University of Missouri





"I have used my student volunteer and practicum experience as a guide for how to best support the volunteers and students I now supervise. I am able to transfer that to my teaching style to better support others."

**KRISTIN BROWN | BS '13  
CHILD LIFE**

**Child Life Specialist,  
Golisano Children's Hospital**



"The FLD program prepared me to open my own early childhood program through hands-on experience, practicing in-detail childhood program planning, and instruction and leadership from seasoned early educators."

**KRISTA BEARD | BS '20  
FAMILY & LIFESPAN DEVELOPMENT  
Early Childhood Focus**

**Director,  
Spirited Child Early Learning Center**



"Adoption and foster care is often stressful and unpredictable. I frequently use what I learned as an HDFIS student about how everyone is shaped by their own experiences to help families cope with the changes."

**ALLIE FREESE | BS '18  
FAMILY & LIFESPAN DEVELOPMENT  
Family/Relationships Focus**

**Foster Care Adoption Specialist,  
Cornerstones of Care**

## PREPARE TO MAKE A DIFFERENCE

### HANDS-ON EXPERIENCES

- Work with children, individuals, couples, families, and communities in diverse contexts
- Hands-on work in research labs, Child Development Lab, and practica/internships

### PREPARE FOR A GRADUATE DEGREE

- Build a strong foundation for advanced study in related fields: education, nursing, social work, family law, business administration, gerontology, counseling, or marriage and family therapy

### DIVERSE COURSE CONTENT

- Dating, marriage, and interpersonal relationships
- Development across the lifespan
- Families and health; Aging families
- Parent-child and sibling relationships
- Racial, ethnic, and socioeconomic diversity



MU Child Development Lab

### QUESTIONS? CONTACT:

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