



PROMOTING POSITIVE INDIVIDUAL AND FAMILY DEVELOPMENT

Mizzou’s HDFS Bachelor’s Degree in Family and Lifespan Development prepares students to understand and support individuals, families, and relationships throughout the lifespan and in a variety of contexts



PROMOTE POSITIVE RELATIONSHIP AND FAMILY DYNAMICS

Identify key relationship processes that contribute to the well-being of individuals, couples, and families as they interact in various contexts



ENCOURAGE SUCCESSFUL DEVELOPMENT ACROSS THE LIFESPAN

Apply research and theory about the influences and variations of development across infancy, childhood, adolescence, adulthood, and late life



ADVOCATE FOR INDIVIDUALS AND FAMILIES IN DIVERSE CONTEXTS

Recognize the role of diversity in race, culture, socioeconomic status, health status, and family structure on the lives of individuals and families

DIVERSE CAREER OPPORTUNITIES

Graduates work with individuals, families, and communities in a variety of roles and settings

- Relationship and parenting education
- Afterschool/youth development programs
- Cooperative Extension
- Crisis shelters and centers
- Foster care and adoption
- Family/social service agencies
- Child/family policy analysis and advocacy

More Career Information

<https://www.ncfr.org/resources/career-resources/students>

HANDS-ON PROGRAM THAT SUPPORTS YOUR GOALS

Bachelor of Science

In the FLD program, you will:

- Gain broad knowledge of development and relationships
- Choose among many electives to suit your interests
- Apply information and learn first-hand in field training and internships in the community
- Complete HDFS and MU general education requirements and electives
- Qualify for the Certified Family Life Educator (CFLE) credential from the National Council on Family Relations

LEARN MORE

hdfs.missouri.edu/undergrad.html



“Adoption and foster care is often stressful and unpredictable, and I frequently use what I learned as an HDFS student about how everyone is shaped by their own experiences to help families cope with the changes.”

**ALLIE FREESE | KANSAS CITY, MO
FAMILY & LIFESPAN DEVELOPMENT (BS) '18**

Allie works as a Foster Care Adoption Specialist at Cornerstones of Care. Her role is to find foster children adoptive homes after family reintegration is no longer an option.



“I use what I learned when I engage with new audiences to discuss difficult topics related to inclusion, equity, and social justice... so I can connect with people across different culture, age, life stage, and their own personal development.”

**CHELSEA DRAKE | COLUMBIA, MO
FAMILY & LIFESPAN DEVELOPMENT (BS) '12**

As Coordinator of the University of Missouri’s Multicultural Center since 2017, Chelsea coordinates and leads programs and trainings on how to create inclusive spaces and increase cultural competence for students, staff, and faculty.

FLD IN HDFS - A SMART CHOICE

HANDS-ON EXPERIENCES

- Experiential field training and internships in family and community organizations of your choice
- Build research skills working with faculty on a wide variety of ongoing projects

SCHOLARSHIP OPPORTUNITIES

- MU scholarships for first-time, transfer, and continuing undergraduate students
- Federal financial aid eligible
- HES and HDFS scholarship opportunities available

ENGAGING COURSEWORK

- Courses in development across the lifespan
- Intimate relationships and marriage
- Interpersonal relationships and family dynamics
- Multicultural study of children and families



Community internships, such as working with parenting programs.

ABOUT HUMAN DEVELOPMENT & FAMILY SCIENCE

As human beings, we learn and develop throughout the lifespan, and we do so through interactions with family members, teachers, schools, peers, social media, and romantic partners. The recognition of this lifetime of growth embedded in social interactions is what defines Human Development and Family Science (HDFS) as a field, and what drives our faculty and students to better understand human development and family functioning.

QUESTIONS? CONTACT:

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IMPROVING THE LIVES OF INDIVIDUALS AND FAMILIES.

MU Human Development
and Family Science
University of Missouri

