

Rahmet Akpolat, MA

University of Missouri-Columbia

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Columbia, MO 65211

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EDUCATION

- 2019-Present** University of Missouri, Columbia, MO
PhD, Human Development and Family Science
- 2017** University of Connecticut, Storrs, CT
MA, Human Development and Family Studies
Thesis: *Factors influencing maternal involvement in early childhood: Exploring the roles of maternal stress and children's narrative representations of mothers*
Major Advisor: JoAnn Robinson, Ph.D.
- 2013** Middle East Technical University, Ankara, Turkey
BS, Early Childhood Education,
Minor in Product Design/ Industrial Design
- 2012** Keele University, Keele, United Kingdom
Study Abroad, Teacher Education and Sociology

WORK EXPERIENCE

Graduate Research Assistant

September 2015 – May 2016

Human Development and Family Studies, University of Connecticut, Storrs, CT
Center for the Study of Culture Health and Human Development

Babies and Books Program Assistant

September 2015 – May 2016

Visiting Nurse Association of Southeastern Connecticut, Waterford, CT

Project Researcher

January 2016 – May 2016

“Improving Nutrition and Physical Activity Environments in Home-based Child Care”, supported by a grant from The National Heart, Lung, and Blood Institute (NHLBI). \\\

Project Researcher

January 2016 – May 2016

“A multi-level intervention in worksites to increase fruit and vegetable access and intake: Rationale, design and methods of the ‘Good to Go’ cluster randomized trial.

PUBLICATIONS

Risica, P. M., Ng, D., Gorham, G., Dionne, L., Nardi, W., Ng, D., Middler, R., Mello, J., **Akpolat, R.**, Gettens, K., & Gans, K. M. (2018). A multi-level intervention in worksites to increase fruit and vegetable access and intake: Rationale, design and methods of the 'Good to Go' cluster randomized trial. *Contemporary Clinical Trials*, 65, 87-98.

PRESENTATIONS

- Akpolat, R.**, Mudrick, H. B., Robinson, J. L. (October, 2016) The Relationship Between Young Children's Representations of Mothers and Mothers' Involvement in School. Poster presented at the 56th Meeting of the New England Psychological Association (NEPA). Worcester, MA.
- Harkness, S., Super, C. M., Moscardino, U., Bonichini, S., Ríos Bermúdez, M., Welles-Nyström, B., Żylicz, P., **Akpolat, R.**, Tsamaase, M. (July, 2016). Parent-preschool relationships in seven cultures. Study presented at the 24th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD). Vilnius, Lithuania.
- Harkness, S., Super, C. M., Moscardino, U., Bonichini, S., Ríos Bermúdez, M., Welles-Nyström, B., Żylicz, P., **Akpolat, R.**, Tsamaase, M. (July, 2016). How to be a good Parent in Six Cultures. Study presented at the 24th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD). Vilnius, Lithuania.

EARLY CHILDHOOD TEACHING EXPERIENCE

Preschool Teacher

February 2019- June 2019

Turkish Ministry of National Education. Gaziantep, Turkey

Preschool Teacher

September 2014- February 2015

Turkish Ministry of National Education. Gaziantep, Turkey

Comenius Assistant

September 2013- June 2014

Istituto Comprensivo "Muzio Cappelletti", Terni, Italy

HONORS AND AWARDS

2008 – 2013 Undergraduate scholarship of Turkish Ministry of National Education

2012 European Union LLP-Erasmus Program, Education Grant

2013 - 2014 European Union LLP-Comenius Program, Comenius Assistantship Grant

Middle East Technical University, Dean's High Honor List:

2009-2010 (Spring), 2010-2011 (Fall), 2011-2012 (Fall), 2012-2013 (Fall-Spring)

EXTRACURRICULAR ACTIVITIES

Windham Interfaith Community

2016-2017

Member

Windham, CT

Turkish Red Crescent ODTU Branch

2008-2013

Volunteer for Blood Donations Unit

Ankara, Turkey

VIA Volunteers in Action

European Voluntary Service, Youth Pass Project

May 2011

Almada, Portugal

“Create Awareness for a Healthy Life Style in Adolescence”

Youth Exchange Project

July 2009

Worriken, Belgium