SMHMR is a 5-year project targeting more than 2,000 Missouri residents across 21 counties, with emphasis on helping low-resource families strengthen their relationship and marriage skills, parenting and coparenting skills, personal well-being, and economic stability.

The project is a partnership between the University of Missouri Department of Human Development and Family Science, Human Environmental Sciences Extension, and three community partners:

- Central Missouri Community Action located in Columbia (Audrain, Boone, Callaway, Cole, Cooper, Howard, Moniteau, and Osage counties)
- Douglass Community Services, Inc. located in Hannibal (Lewis, Macon, Marion, Monroe, Pike, Ralls, Randolph and Shelby counties)
- Cornerstones of Care—Healthy Families Program, located in Kansas City (Cass, Clay, Jackson, Johnson, and Platte counties)

Programming will feature the following programs:

- Seven Principles Program for Couples
- PICK for Individuals
- Strong Parents, Stable Children
- Smart Steps for Stepfamilies
- Taking Care of You
- Economic Stability and Job Skills Training
- Making Money Count

Extension regional specialists and MU graduate students will deliver relationship and marriage education programming in addition to parenting, stepfamily, money management, personal well-being, and employability skills training. Case managers at each partner site will provide tailored case management services.

Participants are not required to attend all programs, but must attend the sessions for couples or individuals first, then a case manager will meet with them to determine next steps. Participants will be eligible to receive gas cards as incentives for participating.

A project website will be launched in Spring 2016 and each community agency will have a toll free number to contact for more information.

For more information, contact Dr. David Schramm, schrammdg@missouri.edu or 573-884-1995

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