

Curriculum Vitae

Jacquelyn J. Benson, PhDwww.jacquelynjbenson.comwww.loveafter60lab.com**EDUCATION**

University of Missouri; Columbia, MO

- December 2013** **Ph.D** Human Environmental Sciences, Collateral Area: Family Gerontology
- May 2008** **M.A.** Human Development and Family Studies, Collateral Area: Family Studies
- August 2004** **B.S.** Human Development and Family Studies, Summa cum Laude
- May 2004** **B.E.S.** Education and Counseling Psychology, Summa cum Laude & Honors Scholar

PROFESSIONAL EXPERIENCE

Assistant Professor, Department of Human Development and Family Science, University of Missouri, 2014 - present**State Specialist in Gerontology**, Human Environmental Sciences Extension, University of Missouri, 2014 - present**Senior Research Associate**, Mather LifeWays Institute on Aging, June 2012 - Aug 2014**PEER-REVIEWED PUBLICATIONS**

- Patil, S., Parker Oliver, D., Washington, K., **Benson, J.**, Gage, A., Kruse, R. L., Demiris, G. (in review). Internet group support interventions for caregivers: A Meta-analysis of depression, stress and health outcomes. *The Gerontologist*.
- Benson, J.**, Kerr, S., & Ermer, A. (in press). Living apart together relationships in later life: Constructing an account of relational maintenance. *Contemporary Perspectives in Family Research*.
- Parker Oliver, D., Patil, S., **Benson, J.**, Gage, A., Washington, K., Kruse, R., & Demiris, G. (in press). The effect of Internet group support for caregivers on social support, self-efficacy, and caregiver burden: A meta-analysis. *Telemedicine and e-Health*. doi: 10.1089/tmj.2016.0183
- Benson, J.** & Coleman, M. (2016). Older adult descriptions of living-apart-together. *Family Relations*, 65, 439-449. doi: 10.1111/fare.12203
- Benson, J.** & Coleman, M. (2016). Older adults developing a preference for living-apart-together. *Journal of Marriage and Family*, 78, 797-812. doi: 10.1111/jomf.12292
- Benson, J.** (2016). Living-apart-together (LAT) relationships. In S. K. Whitbourne (Ed.), *The encyclopedia of adulthood and aging*. Hoboken, NJ: Wiley-Blackwell.
- Benson, J.** (2014). Living-apart-together (LAT). In M. Coleman & L. Ganong (Eds.), *The social history of the American family: An encyclopedia: Vol 2.* (pp. 815-817). Los Angeles, CA: Sage.

- Benson, J.** (2014). Living-together-apart (LTA). In M. Coleman & L. Ganong (Eds.), *The social history of the American family: An encyclopedia: Vol 2.* (pp. 817-819). Los Angeles, CA: Sage.
- Cooney, T., Proulx, C., Snyder-Rivas, L., & **Benson, J.** (2014). Role ambiguity among women providing end-of-life care for ex-husbands. *Journal of Women and Aging, 26*, 84-104.
- Ganong, L., Coleman, M., & **Benson, J.** (2014). Multiple segment factorial vignettes in family health interventions. *Contemporary Perspectives in Family Research: Vol 8A. Family relationships and familial responses to health issues.* (pp. 285-305). United Kingdom: Emerald Group Publishing.
- Ganong, L., Coleman, M., **Benson, J.**, Snyder-Rivas, L., Stowe, J., & Porter, E. (2013). An intervention to help older adults maintain independence safely. *Journal of Family Nursing, 19*, 146-170. doi 10.1177/1074840712471900
- Porter, E. J., **Benson, J.**, & Matsuda, S. (2011). Older homebound women: Negotiating reliance on a cane or walker. *Qualitative Health Research, 21*, 534-548. doi 10.1177/1049732310385822
- Porter, E. J., Matsuda, S., & **Benson, J.** (2011). Intentions of older homebound women about maintaining proximity to a cane or walker and using it at home. *Journal of Applied Gerontology, 30*, 485-504. doi 10.1177/0733464810373906
- Proulx, C., Cooney, T., **Benson, J.**, & Snyder-Rivas, L. (2013). Caregiving for an ex-husband: Exploring precipitating factors and relational outcomes. In P. Neff Cluster & S. Blair (Eds.), *Contemporary perspectives in family research: Vol 7. Visions of the 21st century family: transforming structures and identities* (pp. 369-397). United Kingdom: Emerald Group Publishing.

OTHER SCHOLARLY PUBLICATIONS

*Co-PIs: Lawrence Ganong & Marilyn Coleman; subsequent authorship listed alphabetically.

- Benson, J.**, Woodall, J., & O'Brien, C. (Spring, 2014). *CareGeneral Feasibility Study.* (Report). Evanston, IL: Mather LifeWays Institute on Aging.
- Benson, J.**, Younkie, K., Small, A., & Lehman, D. (2013). *Fostering Intergenerational Inclusive Volunteer Engagement (F.I.I.V.E.) Volunteer Toolkit.* Evanston, IL: Mather LifeWays Institute on Aging. <http://www.matherlifewaysinstituteonaging.com/senior-living-providers/fiive-chicago-toolkit/>
- Benson, J.** (2013). *Relational aggression among residents in independent senior living communities.* (White Paper). Evanston, IL: Mather LifeWays Institute on Aging.
- Benson, J.** (2008). *Questions and Answers about methamphetamines* (MU Extension Guide Sheet No. GH6201). Columbia, MO: University of Missouri Extension. http://education.missouri.edu/orgs/parentlink/_files/guidesheets/gh6201.pdf
- Benson, J.** (2008). *Legal rights of grandparents raising grandchildren* (MU Extension Guide Sheet). Columbia, MO: University of Missouri Extension.
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Mental health challenges of low income families* (Research Brief). Columbia, MO: University of Missouri Extension. (**Primary Contributor: Benson, J.**) <http://missourifamilies.org/cfb/briefs/>

- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Children in poverty: Causes, consequences, and beating the odds* (Research Brief). Columbia, MO: University of Missouri Extension. (**Primary Contributor: Benson, J.**) <http://missourifamilies.org/cfb/briefs/>
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Marriage education content: A review of five relationship intervention curricula for low-income couples* (Research Brief). Columbia, MO: University of Missouri Extension. <http://missourifamilies.org/cfb/briefs/>
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Nonresidential father involvement among low-income men* (Research Brief). Columbia, MO: University of Missouri Extension. <http://missourifamilies.org/cfb/briefs/>
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Poverty in America: Rural and urban differences* (Research Brief). Columbia, MO: University of Missouri Extension. <http://missourifamilies.org/cfb/briefs/>
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Working with low-income couples: Recruitment, retention, and program content* (Research Brief). Columbia, MO: University of Missouri Extension. <http://missourifamilies.org/cfb/briefs/>
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Financial concerns of low-income families* (Research Brief). Columbia, MO: University of Missouri Extension. <http://missourifamilies.org/cfb/briefs/>
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *De facto stepfamilies: Cohabiting multiple-partner fertility couples* (Research Brief). Columbia, MO: University of Missouri Extension. <http://missourifamilies.org/cfb/briefs/>
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Intergenerational exchanges and the role of grandparents in low-income families* (Research Brief). Columbia, MO: University of Missouri Extension. <http://missourifamilies.org/cfb/briefs/>
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Family processes of resilience: What helps low-income families thrive in spite of adversity?* Columbia, MO: University of Missouri Extension. <http://missourifamilies.org/cfb/briefs/>
- *Ganong, L., Coleman, M., Beckmeyer, J., **Benson, J.**, Jamison, T., McCaulley, G., & Sutton, E. (2007). *Expectations and realities: The meaning of marriage for low-income couples* (Research Brief). Columbia, MO: University of Missouri Extension. <http://missourifamilies.org/cfb/briefs/>
- Benson, J.**, & Fine, M.A. (2006). *Children of divorce: Stories of loss and growth*. Mahwah, NJ: Lawrence Erlbaum. [Continuing Education Credit (CEC) Text Questions.]

INVITED PRESENTATIONS/COLLOQUIES

- Benson, J.** (forthcoming, June 2017). *Repartnering in later life: Living happily ever after, apart*. Invited speaker for the Faculty of Social Welfare and Health Sciences at the University of Haifa, Haifa, Israel.
- Benson, J.** (2017, Mar). *Repartnering in later life: Living happily ever after, apart?* Invited speaker for the Department of Psychology 2016-2017 Brown Bag Seminar Series, University of Missouri, Columbia, MO.
- Benson, J.** (2016, Nov) In C. Sherman and C. Koren (Co-Chairs), *Late life repartnering and stepfamily relationships: Negotiating intimate and intergenerational ties*. Invited discussant in symposium accepted for presentation at the meeting of the Gerontological Society of America, New Orleans, LA.
- Benson, J.** (2016, Oct). *Impact of kinship care on grandparents and other relatives*. Invited speaker at the Grandfamily Conference, Cape Girardeau, MO.
- Benson, J. & Bulf, D.** (2016, May). *Is talking about death good for life?* Invited speaker in live web seminar for the American Society on Aging, Aging in America Conference, Chicago, IL.
- Benson, J.** (2015, Nov). *Caring for aging adults*. Invited panelist for the University of Missouri Human Resources Annual Training Conference, Columbia, MO.
- Benson, J.** (2010, May). *End of life planning, caregiving, & legal issues*. Invited speaker at the Boone County Counseling Center Professional Development Training, Columbia, MO.

PROFESSIONAL CONFERENCE PRESENTATIONS

*Denotes student author

- Benson, J. & Killian, T.** (forthcoming, July 2017). *Variations in relationships according to partner perceptions: Data from the NSHAP project*. Paper accepted for presentation at the IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- *Stott, K., **Benson, J.**, *Kerr, S., *Jones, A., & *Ermer, A. (forthcoming, July 2017). *Life, death, and legacy: Is talking about death good for your health?* Paper accepted for presentation at the IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Benson, J., Parker-Oliver, D., Demiris, G., & Washington, K.** (2016, Nov). *Family conflict among informal hospice caregivers*. Poster accepted for presentation at the meeting of the National Council of Family Relations, Minneapolis, MN.
- *Combs, A., **Benson, J.**, *Jones, A., *Godsy, L., & *Murphy, S. (2016, Nov) *What does a good death look like?* Paper accepted for presentation at the meeting of the Gerontological Society of America, New Orleans, LA.
- Benson, J.** (2016, Nov) *Until death do us part? The limitations of caregiving among older couples who live-apart-together*. In K. Roberto and Savla, T. (Co-Chairs), *The 'other' caregivers: Extended and non-kin taking responsibility for the care of old persons*. Discussant in symposium accepted for presentation at the meeting of the Gerontological Society of America, New Orleans, LA.

- *Kerr, S., *Stott, K., *Murphy, S. & **Benson, J.** (2016, Nov) Barriers to initiating death discussion and restructuring norms. Poster accepted for presentation at the meeting of the Gerontological Society of America, New Orleans, LA.
- *Mott, R., Keller, K., Funkenbusch, K., & **Benson, J.** (2016, Mar). Incorporating photovoice techniques in evaluation of social service programming. Poster presentation at the meeting of the Society for Applied Anthropology, Vancouver, British Columbia CANADA.
- Benson, J.** & *Ermer, A. (2016, July). *Decentering commitment: Living-apart-together in later life*. Paper presented at the meeting of the International Association of Relationship Research, Toronto, Ontario CANADA.
- Benson, J.** & Bulf, D. (2016, Apr). *Is talking about death good for life?* Workshop presented at the meeting of the American Society on Aging, Washington D.C.
- Benson, J.,** & Coleman, M. (2015, Nov). *Finding the right words: Personal address terms and definitions of later life LAT relationships*. Poster session presented at the meeting of the Gerontological Society of America, Lake Buena Vista, FL.
- Benson, J.** & Bulf, D. (2015, Mar). *Death cafes: Start with death, end with life, leave with a legacy*. Workshop presented at the meeting of the American Society on Aging, Chicago, IL.
- Benson, J.** & Coleman, M. (2014, Nov). *From living apart, to Living-apart-together: Older adults developing a preference for LAT*. Paper session presented at the meeting of the Gerontological Society of America, Washington, D.C.
- Benson, J.** & Coleman, M. (2014, Nov). *Relational maintenance strategies among older adult LATs*. Poster session presented at the meeting of the National Council on Family Relations, Baltimore, MD.
- Benson, J.,** Bonifas, R., & Frankel, M. (2014, Mar). *Bullying among older adults in communal senior living settings*. Roundtable presented at the meeting of the American Society on Aging, San Diego, CA.
- Benson, J.** & Beckmeyer, J. (2013, Nov). *Relational aggression and subjective well-being in independent senior living communities*. Paper session presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Benson, J.** (2012, Nov). *Maintaining independence in the context of living-apart-together relationships*. Paper session presented at the meeting of the Gerontological Society of America, San Diego, CA.
- Ganong, L., Coleman, M., **Benson, J.,** Snyder-Rivas, L., & Stowe, J. (2012, Nov). *Older adults maintaining independence safely*. Paper session presented at the meeting of the Gerontological Society of America, San Diego, CA.
- Benson, J.** & Coleman, M. (2011, Nov). *Role transitions across the life course: Widows' experiences on family farms*. Poster session presented at the meeting of the Gerontological Society of America, Boston, MA.
- Benson, J.,** Ganong, L., & Coleman, M. (2011, Nov). Step-relationships across the lifespan. In R. Blieszner & V. Bedford (Chairs), *Family relationship styles: Lifespan effects*. Symposium conducted at the meeting of the Gerontological Society of America, Boston, MA.

- Cooney, T., Proulx, C., Snyder, L., & **Benson, J.** (2011, Nov). *Role ambiguity among women providing care for ex-husbands*. Paper session presented at the meeting of the Gerontological Society of America, Boston, MA.
- Proulx, C., Cooney, T., **Benson, J.**, & Snyder, L. (2011, Nov). *Women's relational experiences prior to providing care to ex-husbands*. Paper session presented at the meeting of the National Council on Family Relations, Orlando, FL.
- Benson, J.**, Snyder, L., Matteson, M., & Krampe, J. (2010, Nov). *Emerging adults' caregiving experiences and preparedness for future caregiving*. Poster session presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Benson, J.** & Cooney, T. (2010, Nov). *End of life planning: do parents with disabled adult offspring stand out?* Poster session presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Cooney, T., Proulx, C., **Benson, J.**, Snyder, L., & Haq, Kanwal (2010, Nov). Caregiving for an ex: Womens' experiences of providing care to former husbands. In T. Cooney (Chair), *Exploring the context of non-normative informal caregiving situations*. Symposium conducted at the meeting of the Gerontological Society of America, New Orleans, LA.
- Ganong, L., Coleman, M., & **Benson, J.** (2010, April). *Age differences in beliefs about intergenerational assistance to older kin*. Poster session presented at the meeting of the Council on Contemporary Families, Chicago, IL.
- Benson, J.** (2009, June). *Young adult caregiving experiences and future directions for research*. Colloquium conducted at the RAND Career Development Institute, Washington, D.C.
- Cooney, Teresa & **Benson, J.** (2009, Aug). Parents' experiences with their adult children's problems: Differences for mothers and fathers. In J. Suitor (Chair), *Research group on parent adult-child relations*. Round table conducted at the meeting of the American Sociological Association, San Francisco, CA.
- Benson, J.** & Oliver, D. (2007, Nov). *Building and sustaining relationships across disciplines: Interdisciplinary research teams and collaboration*. Poster session presented at the meeting of the Gerontological Society of America, Dallas, TX.

GRANTS

Grants Submitted & Funded

- Co-PI, Multi-State Rural Development Research or Extension Projects Grant, North Central Regional Center for Rural Development**, *competitive* (\$24,655), May 2017
- P.I., Seeding Interdisciplinary Research Collaboration (SIRC), College of HES**, *competitive* (\$2000), Dec 2016
- Co-P.I., North Central Region Multi-State Project Funding**, *competitive* (18,100), July 2016
- P.I., College of HES Margaret Mangel Research Catalyst Grant**, *competitive* (\$3,000), Mar 2016
- P.I., Richard Wallace Faculty Incentive Grant**, *competitive* (\$4,000), Mar 2016
- P.I., MU Research Council**, *competitive* (\$10,000), Dec 2015
- P.I., MU Interdisciplinary Center on Aging READ Grant**, *competitive* (\$10,000), Jan 2015

P.I., CareGeneral Feasibility Study Grant, OwlRock LLC, non-competitive (\$20,000), August 2013

P.I., MU Interdisciplinary Center on Aging READ Grant, competitive (\$8000), June 2011

FELLOWSHIPS & AWARDS

Selected Attendee, RAND Summer Institute, National Institute on Aging and the National Institutes of Health (NIH) Office of Behavioral and Social Scientists Research, July 2017

Selected Attendee, Faculty Fellowship Summer Institute in Israel, Jewish National Fund & Media Watch International, June 2017

Selected Committee Member, Adult Development and Aging Workgroup (ADAW), Division of Family and Consumer Sciences at the National Institute of Food and Agriculture (NIFA), Jan 2017 - present

Faculty Mentor, College of Human Environmental Sciences Program for Undergraduate Research Experience (PURE) Award, University of Missouri, Fall 2016 – Spring 2017

- Student Award Recipient: Alexis Combs, Senior in HDFS

Faculty Mentor, College of Human Environmental Sciences Program for Undergraduate Research Experience (PURE) Award, University of Missouri, Fall 2016 – Spring 2017

- Student Award Recipient: Alyssa Jones, Junior in HDFS

Faculty Fellow, Center for Family Policy and Research, University of Missouri, Fall 2015 – present

Faculty Fellow, Interdisciplinary Center on Aging, University of Missouri, Fall 2014 – present

TEACHING EXPERIENCE

- HDFS 1610: *Intimate Relationships and Marriage*, University of Missouri
- HDFS 1600: *Foundations of Human Development and Family Science*, University of Missouri
- HDFS 7257: *Aging and the Family*, University of Missouri
- HDFS 3440: *Aging and Adult Development*, University of Missouri
- HDFS 4970: *Human Development and Family Science Capstone*, University of Missouri

GRADUATE STUDENT COMMITTEE CHAIR OR ADVISER

Chair (or Co-Chair) of PhD Supervisory Committee:

Current Students

Kevin Stott

Steffany Kerr

Carrie Lehman

Chair of Masters Supervisory Committee:

Current Students

Jennifer Walden

Kacie Sims

Shonette Doggett

Jessica Walker

Graduated

Kathryn Daugherty, Fall 2016

Michelle Denzer, Fall 2016

Maya Warren, Spring 2016

Reed Stafford, Fall 2015

Gina Conde, Spring 2015

Adviser for Graduate Certificate:

Current

Jody Blankenship

Janet Delgado

Regina Maina

Graduated

Heather Osbourne, Spring 2017

Angie Catlin, Spring 2017

Supervisor for Research Practicum:

Former

Ashley Ermer, *Doctoral Student: Department of HDFS, University of Missouri, Fall 2015*

Research Lab Mentor:

Current

Kevin Stott, *Doctoral Student: Department of HDFS, University of Missouri*

Steffany Kerr, *Doctoral Student: Department of HDFS, University of Missouri*

Carrie Lehman, *Doctoral Student: Department of HDFS, University of Missouri*

Sara Murphy, *Masters Student: Department of HDFS, University of Missouri*

GRADUATE STUDENT COMMITTEE SERVICE

Current

Sarah Almalki, *Dissertation, Department of HDFS, University of Missouri*

Ashton Chapman, *Dissertation, Department of HDFS, University of Missouri*

Heather Carter, *Dissertation, Department of Architectural Studies, University of Missouri*

Karen Clark, *Dissertation, School of Nursing, University of Missouri*

Rachel Siefert, *Masters Thesis, Department of Architectural Studies, University of Missouri*

Former

Andrea Roach, *Dissertation, Department of HDFS, University of Missouri, Graduated Summer 2016*

Ashley Ermer, *Dissertation, Department of HDFS, University of Missouri, Graduated May 2017*

UNDERGRADUATE STUDENT MENTORSHIP

Internship Supervisor:

Former

Lauren Godsy, *Department of HDFS, University of Missouri, Spring 2016*

Alyssa Jones, *Department of HDFS, University of Missouri, Fall 2016*

Research Lab Mentor:

Current

Maggie Spratt, *Department of HDFS, University of Missouri*

Brianna Fletchall, *Department of HDFS, University of Missouri*

Former

Alyssa Jones, *Department of HDFS, University of Missouri*

Sara Murphy, *Department of HDFS, University of Missouri*
 Lauren Godsy, *Department of HDFS, University of Missouri*
 Alexis Combs, *Department of HDFS, University of Missouri*

SCHOLARLY AND COMMUNITY SERVICE

Invited Committee Member, *Life Sciences & Society Program Symposium*, Fall 2016 - present

Co-Chair, *North Central Region Aging Network (NCRAN) in Extension*, Spring 2016 - present

Search Committee Member, *Extension Regional Specialist in HDFS (St. Clair Co.)*, Spring 2017

Search Committee Member, *Extension Regional Specialist in HDFS (Buchanan Co.)*, Fall 2016

Search Committee Member, *Extension State Specialist & Asst. Professor (Tenure Track) in HDFS*, Fall 2016

Focus on Kids Facilitator, *HDFS Extension*, Spring 2016 - present

Invited Grant Reviewer, *Israel Science Foundation*, Spring 2016

Invited Podcast Guest, *Living apart, together: A choice that's working for older couples*. *Extension on the Go*, Feb 2015

Invited Radio Guest, *Living-apart-together relationships among older adults*. 1400 AM - KFRU Columbia Morning with David Lile, *Interdisciplinary Center on Aging Segment*, Sep 2015

Committee Member, *Online Gerontology Program in HDFS*, Fall 2014 - present

MU Faculty Representative, *GPI IDEA Gerontology Program*, Fall 2014 - present

Committee Member, *Graduate Program in HDFS*, Fall 2014

Institutional Review Board Member, *Mather LifeWays Institute on Aging*, Fall 2012 - Spring 2017

Ad Hoc Manuscript Reviewer

- *Journal of Social and Personal Relationships*, Spring 2017
- *Contemporary Perspectives in Family Research*, Spring 2017
- *Journal of Marriage and Family*, Fall 2016
- *PLOS ONE*, Summer 2016
- *Journal of Research and Aging*, Fall 2012
- *Journal of Aging Studies*, Fall 2012
- *Journal of Gerontological Sciences*, Spring 2011
- *Family Relations*, Fall 2010

PROFESSIONAL MEMBERSHIP

International Association of Relationship Research, January 2016 - present

American Society on Aging, August 2013 - present

Chicago Bridge Network, June 2012 - present

Gerontological Society of America, Mar 2008 - present

National Council on Family Relations, Sep 2003 - present