Resilient Leadership: Building STAFF Bounce

<table>
<thead>
<tr>
<th>What?</th>
<th>A live, one-day professional development event</th>
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<tbody>
<tr>
<td>Where?</td>
<td>Kansas City, MO</td>
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<tr>
<td>When?</td>
<td>May 1, 2020</td>
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<tr>
<td>Who?</td>
<td>Teachers, Teaching Assistants, Center and Home-Based Providers, Directors, Supervisors, Education/Mental Health/Disabilities Coordinators, Mental Health Professionals, Early Childhood Mental Health Consultants, Technical Assistance Providers, Early Intervention Specialists and Therapists, &amp; others interested in promoting the social and emotional health of infants, toddlers, and/or preschoolers</td>
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<td>How?</td>
<td>Go to <a href="http://bit.ly/DCRCPD">http://bit.ly/DCRCPD</a> to sign up now, or see page two of this flyer for more information</td>
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**Cost:** Early Bird* = $150/person, Standard = $175/person

Included resources for each participant:
- Building Your Bounce: Simple Strategies for a Resilient You
- Devereux Resilient Leadership Strategies Packet

*Early Bird Rate is valid when registering 30+ days prior to first day of training. Get an additional 10% off all registrations for sending three or more participants!

**REGISTRATION DEADLINE:** Friday, April 17, 2020

We’re also hosting a two-day training on DECA Program (Birth through Five) Implementation from April 29-30, 2020 at the same location! Go to the link provided above for more information.
About the training

In this one-day training, leaders will have an opportunity to reflect what it means to be a resilient leader and how to “build the bounce” of staff. “Resilient leadership” is the term used to describe those leadership behaviors that help others withstand crisis, adapt to or rebound from adversity (George Everly, Johns Hopkins University). Leaders will use the Devereux Resilient Leadership Survey (DERLS) to reflect on ways to support their staff resilience. This training provides many opportunities to learn and develop meaningful and resilience-building strategies for staff, based on the research-informed items on the DERLS. Finally, leaders will have an opportunity to reflect on their own resilience and explore strategies to build their personal bounce.

Participants will explore:

• The connections between nurturing resilience in children and nurturing resilience in staff
• Staff stress/risk and how it impacts professional performance
• Resilient leadership and what staff need from leaders to be more resilient
• The Devereux Resilient Leadership Survey (DERLS), and strategies to promote staff resilience, including: building healthy Relationships, Initiative, Internal Beliefs, and Self-Control in staff
• How to nurture one’s own resilience using the Devereux Adult Resilience Survey (DARS) and strategies

Travel Information

**Training Location**
816 Hotel
801 Westport Rd. Kansas City, MO 64111

**Airport**
Kansas City International Airport (KCI)

**Lodging**
Limited rooms are being held at the 816 Hotel (801 Westport Rd. Kansas City, MO 64111). Call (816) 931-1000 for reservations. The block room rate is $109, and reservations need to be made by April 8, 2020 to secure this rate. Participants must book and pay for their own lodging. Please make sure to mention the “DECA Training group” when booking.

**Ground Transportation**
There are multiple transportation options available to/from the airport: https://www.flykci.com/getting-to-from/

Registration Information

Sign up online at http://bit.ly/DCRCPD

**Cancellation Policy**
If for any reason you are unable to attend the training, you may send someone in your place. A $50 cancellation fee applies up to two weeks prior to the event; no refunds are given for less than two weeks notice.

**Training Times**
Registration (8-8:30am), Training (8:30am-4:30pm), lunch and afternoon snack are included in the registration fee.

**REGISTRATION DEADLINE**
Friday, April 17, 2020

Questions?

Contact Debi Mahler, Director of Professional Development at (610) 574-6141 or dmahler@devereux.org