

## VITA

### SARA GABLE

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### EDUCATION

Ph.D., Human Development and Family Studies, The Pennsylvania State University (1993)  
M.S., Family and Human Development, Utah State University (1989)  
B.S., Family and Human Development, Utah State University (1986)

### PROFESSIONAL EXPERIENCE

- Adjunct faculty, Department of Nutritional Sciences, The University of Missouri (September, 2008 – present)
- Associate Professor and State Extension Specialist, Department of Human Development and Family Studies, The University of Missouri (2002 - present)
- Assistant Professor and State Extension Specialist, Department of Human Development and Family Studies, The University of Missouri, Columbia (1996 - 2002)
- Assistant Research Professor, Department of Psychology, The University of Missouri, Columbia (1995 - 1996)
- Postdoctoral Project Coordinator, Department of Psychology, The University of Missouri, Columbia (1994 - 1995)

### HONORS

- Invited participant, University of California, Berkeley, Center for the Study of Child Care Employment, National Strategy Session: Early Education and Child Care Workforce Development (January, 2007)
- Provost Award for Creative Extension Programming by New Faculty - University of Missouri, Columbia (September, 1999)
- Provost's Faculty Development Retreat - University of Missouri, Columbia (January, 1997)
- National Data Archives on Child Abuse and Neglect - Summer Research Institute Participant, Cornell University (June, 1996)

- Herman G. Fisher Graduate Fellowship (1992-1993)

## GRANTS AND CONTRACTS

### Competitive

*Child Weight Status, Social Development and Academic Achievement During the Elementary School Years: A Longitudinal Analysis Using Data from the Early Childhood Longitudinal Study-Kindergarten Class of 1998 (ECLS-K)*. Project Directors: Sara Gable & Joanne Guthrie. United States Department of Agriculture, Food Assistance and Nutrition Research Programs, Cooperative Research Agreement (project period: 9/1/08 – 12/31/09; total costs: \$30,000)

*The States of Child Care*, University of Missouri Research Council, Research Leave and Research Council companion funding (Sara Gable; \$6,906 plus teaching replacement; 09/01/08 – 08/31/09)

*Evaluation of an ALbD Community Intervention in Columbia, MO*, Robert Wood Johnson Foundation (Primary Investigator, Stephen P. Sayers; Co-Investigators, J. LeMaster, S. Gable, L.A. Thombs, J.M. Kapp; \$200,000 total costs; 12/01/06 – 11/30/08)

*The Impact of Cash Incentives on Early Childhood Workforce Development and Program Quality*, Department of Health and Human Services, Administration for Children, Youth, and Families, Child Care Bureau (Primary Investigator, Sara Gable; \$ 93,035 direct costs; 01/01/05 – 12/31/06; no-cost extension through 9/30/07)

*The Ecological Predictors and Developmental Outcomes of Persistent Childhood Obesity*, United States Department of Agriculture, Food Assistance and Nutrition Research Program (Primary Investigator, Sara Gable; Co-Investigators, Jo Britt-Rankin and Jennifer Krull; \$181,485; 1/1/02 - 05/31/05)

*Making the Business Case for Employee Child Care Benefits*, The University of Missouri Outreach Development Fund (Project Directors, Sara Gable and Jane Hunter; \$26,684; 1999 - 2001)

*Job Commitment in Home-Based Child Care Providers*, The University of Missouri, College of Human Environmental Sciences, Margaret Mangel Research Catalyst Fund (Principal Investigator, Sara Gable; \$750; 1998)

*Job Commitment in Center-Based Child Care Providers*, The University of Missouri Office of Research, Research Council Grant (Principal Investigator, Sara Gable; \$2,906; 1998)

*Identification of Factors in the Family Environment that Correlate with the Development of Obesity in Children*, The University of Missouri Agricultural Experiment Station (Principal Investigator, Susan Lutz, Co-Principal Investigator, Sara Gable; \$3,000 per year; 1996 - 1998)

*The MO Child Care Enhancement Initiative: Educational and Mentoring Opportunities for Child Care Directors*, MO Department of Health (Project Director, Sara Gable; \$12,896; 11/1/96 - 9/30/97)

*The Missouri Child Care Enhancement Initiative*, The University of Missouri Outreach Development

Fund (Project Directors, Sara Gable and Jane Hunter; \$9,660)

### Non-Competitive

*Child Care Health Consultation Surveys*, MO Department of Health and Senior Services (Primary Investigator, Sara Gable, \$ 1,500 total costs; 03/01/07 – 09/01/07)

*Asthma Training Education Materials*, MO Department of Health and Senior Services (Primary Investigator, Sara Gable, \$ 1,000 total costs; 01/01/07 – 06/30/07)

*Missouri's Early Care and Education Internet-Based System*, MO Department of Health (Primary Investigator, Sara Gable; Co-Investigator, Kathy Thornburg; \$107,190; 11/1/01 - 6/30/02)

*Workforce Incentive Pilot Program*, Ewing Marion Kauffman Foundation (Primary Investigator, Kathy Thornburg; Co-Investigator, Sara Gable; \$4,243,590; 7/1/01 - 6/30/05)

*OPEN (Opportunities for Professional Education Network) Initiative Transition*, Ewing Marion Kauffman Foundation (Project Director, Sara Gable; \$49,500; 6/15/00 - 6/29/01)

*Child Care Provider Preservice Program : Design, Implementation, and Evaluation*, MO Department of Health (Project Director, Sara Gable; \$79,428; 8/1/99 - 6/30/01)

*Statewide Child Care Provider Training Needs Assessment*, MO Department of Health (Principal Investigator, Sara Gable; \$69,372; 5/1/98 - 11/30/98)

*Adult-Child Relations in Child Care Settings: College Course for Child Care Providers via Interactive Television*, MO Department of Health (Project Director, Sara Gable; \$14,176; 2/1/98 - 10/31/98)

*The MO Financial Resources for Child Care Training - Mapping Project*, Metropolitan Council on Child Care, Mid-America Regional Council (Project Director, Sara Gable; \$3,550; 1/97 - 8/97)

### PUBLICATIONS

Gable, S., Krull, J. L., & Chang, Y. (2009). Implications of overweight onset and persistence for social and behavioral development between Kindergarten entry and 3<sup>rd</sup> grade. *Applied Developmental Science*, 13(2), 88 - 103.

Gable, S., Rothrauff, T. C., Thornburg, K. R., & Mauzy, D. (July, 2008). Analysis of ongoing participation in an early childhood workforce cash incentive program in the United States. *Early Child Development and Care*.

Gables, S., Britt-Rankin, J., & Krull, J. L. (June, 2008). *Ecological predictors and developmental outcomes of persistent childhood overweight*. Contractor and Cooperator Report No. 42. United States Department of Agriculture, Economic Research Service: Washington, DC. Available at: <http://www.ers.usda.gov/publications/ccr42/ccr42.pdf> (peer-reviewed prior to publication).

Gable, S., Krull, J., & Srikanta, A. (2008). Childhood overweight and academic achievement. In H.E. Fitzgerald & V. Mousouli (Eds.) *Obesity in America: Development and Prevention* (Vol 2; pp. 49 - 71).

Westport, CT: Praeger Press.

Gable, S., Rothrauff, T., Thornburg, K., & Mauzy, D. (2007). Cash incentives and turnover in center-based child care staff. *Early Childhood Research Quarterly, 22*, 363 - 378.

Hansen, J. & Gable, S. (July, 2007). Challenges and rewards: Developing an entry-level early childhood training program. *Young Children, 62(4)*, 46-52.

Gable, S., Chang, Y., & Krull, J. L. (2007). Television watching and frequency of family meals are predictive of overweight onset and persistence in a national sample of school-age children. *Journal of the American Dietetic Association, 107(1)*: 53-61.

Gable, S. & Halliburton, A. (2003). Barriers to child care providers' professional development. *Child and Youth Care Forum, 32(3)*, 175-193.

Gable, S. (2002). Teacher-child relationships throughout the day. *Young Children, 57(4)*, 42-46.

Gable, S. & Hunting, M. (2001). Child care providers' organizational commitment: A test of the investment model. *Child and Youth Care Forum, 30(5)*, 265-281.

Cooney, T. & Gable, S. (2001). Chores. In J. Lerner and R. Lerner (Eds.), *Today's teenagers: Adolescence in America*. Denver: ABC-CLIO.

Gable, S. & Hansen, J. (2001). Child care provider perspectives on the role of education and training for quality caregiving. *Early Child Development and Care, 166*, 39-52.

Gable, S. & Lutz, S. (2001). Nutrition socialization experiences of children in the Head Start program. *Journal of the American Dietetic Association, 101*, 572-577.

Gable, S & Lutz, S. (2000). Household, parent, and child contributions to childhood obesity. *Family Relations, 49*, 293-300.

Gable, S. & Cole, K. (2000). Parent's child care arrangements and their ecological correlates. *Early Education and Development, 11*, 549-572.

Gable, S. (September, 1999). Promote children's literacy with poetry. *Young Children, 12-15*.

Gable, S., & Hunting, M. (1999). Community-based child care provider training: The highs and the lows. *Early Childhood Education Journal, 27*, 57-63.

Fine, M., Coleman, M., Gable, S., Ganong, L., Ispa, J., Morrison, J., & Thornburg, K.R. (1999). Research-based parenting education for divorcing parents: A university-community collaboration. *Serving children and families through community-university partnerships: Success stories*, pp. 249-256. Norwell, MA: Kluwer.

Peterson, L., & Gable, S. (1998). Holistic injury prevention. In J.R. Lutzker (Ed.), *Child abuse: A handbook of theory, research, and treatment*. New York, NY: Plenum Press.

Gable, S., & Peterson, L. (1998). School-age children's attributions about their own naturally occurring injuries: A process analysis. *Journal of Pediatric Psychology, 23*, 323-332.

Gable, S. (1998). School-age and adolescent children's perceptions of family functioning in neglectful and non-neglectful families. *Child Abuse and Neglect, 9*, 859-867.

Peterson, L., Gable, S., Doyle, C., & Ewigman, B. (1997). Beyond parenting skills: Battling barriers and building bonds to prevent child abuse and neglect. *Cognitive and Behavioral Practice, 4*, 53-74.

Peterson, L., Gable, S., & Saldana, L. (1996). Treatment of maternal addiction to prevent child abuse and neglect. *Addictive Behaviors, 21*, 789-901.

Belsky, J., Crnic, K., & Gable, S. (1995). The determinants of coparenting: Spousal differences and daily hassles. *Child Development, 66*, 629-642.

Gable, S., Belsky, J., & Crnic, K. (1995). Coparenting during the child's second year: A descriptive account. *Journal of Marriage and the Family, 57*, 609-616.

Gable, S., Crnic, K., & Belsky, J. (1994). Coparenting within the family system: Influences on children's development. *Family Relations, 43*, 380-386.

Gable, S., Belsky, J., & Crnic, K. (1992). Marriage, parenting, and child development: Progress and prospects. *Journal of Family Psychology, 5*, 276-294.

Gable, S., & Isabella, R.A. (1992). Maternal contributions to infant regulation of arousal. *Infant Behavior and Development, 15*, 95-107.

#### MANUSCRIPTS UNDER REVIEW/IN PREPARATION

Gable, S., Chang, C., & Krull, J.L. *A day in the life: Home and school habits and routines associated with obesity in a national sample of fifth graders*. University of Missouri, Columbia.

Gable, S., Krull, J.L., & Chang, Y. *Interpersonal skills and internalizing behaviors as potential mediators between childhood overweight and academic achievement: A longitudinal analysis*. University of Missouri, Columbia.

Gable, S. *The States of Child Care*. Book manuscript in preparation. University of Missouri, Columbia.

#### BOOK REVIEWS

Gable, S. (2000). Review of the book *The Development of Emotional Competence*. *Journal of Social and Personal Relationships, 17*, 293-295.

Gable, S. (1999). Something for everyone [Review of the book *The heart of parenting: Raising an emotionally intelligent child*]. *Early Childhood Research Quarterly, 14*, 575-578.

## INVITED NATIONAL PRESENTATIONS

Gable, S. (February, 2006). *Effects of persistent obesity on human capital accumulation of school children*. Talk for annual Food Assistance Research: Recent Findings and Emerging Issues conference. Economic Research Service, U.S. Department of Agriculture, Washington, DC.

## CONFERENCE PRESENTATIONS

American Dietetic Association (1998)  
Conference on Human Development (2000)  
International Conference on Infant Studies (1990, 1992)  
International Society for the Study of Behavioral Development (1994)  
National Association for the Education of Young Children (2001)  
Head Start National Research Conference (1996, 2000, 2004, 2008)  
Society for Research in Child Development (1989, 1991, 1993, 1995, 1997, 1999, 2001, 2003, 2005)

## EDITORIAL BOARDS

*Family Relations* (1998 - 2000)

## AD-HOC REVIEWING

Bio-Med Central, Child Development, Developmental Psychology, Early Childhood Research Quarterly, Early Education and Development, Journal of Adolescent Health, Journal of Early Adolescence, Journal of Family Issues, Journal of Marriage and the Family, Journal of Nutrition Education and Behavior, Pediatrics, Social Science & Medicine, The Netherlands Organisation for Health Research and Development, University of Missouri Research Board, University of Missouri Research Council

## PROFESSIONAL SERVICE

### National

- Grant Review Panel, United States Department of Agriculture, Economic Research Service, Food Assistance and Nutrition Research (June, 2004; July, 2005; June, 2007)
- Invited Workshop Participant, United States Department of Agriculture, Economic Research Service, Food Assistance and Nutrition Research Program (September, 2001).
- Grant Review Panel, Field-Initiated Research Program, United States Department of Health and Human Services, Administration for Children, Youth, and Families, Child Care Bureau (August, 2001)

### Department and Campus

- Member, University of Missouri, Office of Research, Institutional Review Board (IRB) (2009 – present)
- Member, University of Missouri, Office of Research, Faculty Advisory Committee (2006 - present)
- Chairperson, HDFS Departmental Promotion and Tenure Committee (2006 – 2007)
- Member & Recorder, Chancellor's Intercollegiate Athletics Committee (2006 - 2009)
- Chairperson, University of Missouri, Office of Research, Research Council (2004 – 2005)
- Member, University of Missouri, Office of Research, Research Council (2003 – 2006)

- Faculty Council Representative, Recruitment and Retention Subcommittee of Enrollment Management Committee (2001 – 2002)
- College of Human Environmental Sciences Representative to University Faculty Council (2001 - 2004)
- Chair, HDFS Awards Committee (1999 - 2001)
- Member, HDFS Library Committee (1998 - 2001)
- Coordinator, HDFS Annual Advisory Board Meeting (October, 1997)

#### State of Missouri

- Member, Missouri Department of Social Services Accreditation Review Team (1999 - present)
- Co-Chair, Missouri Head Start State Collaboration Office Advisory Council (1999 - 2000)
- Member, Search Committee, Missouri Head Start State Collaboration Office Assistant Director (1999)
- Chair, Search Committee, Missouri Head Start State Collaboration Office Director (1999)
- Member, Missouri Department of Health Child Care Advisory Board (1997 - present)
- Member, Opportunities in a Professional Experiences Network (OPEN) (1996 - 2004)
- Member, Missouri Head Start State Collaboration Office Advisory Council (1996 - present)

#### Cooperative Extension

- Member, National Network for Child Care (USDA, 1999 - 2001)
- Advisory Board Member, Preparing to Parent newsletter series (University of Wisconsin Extension and Michigan State University; 1999 - 2001)
- Co-Leader, Child Care Base Program Team (University of Missouri, Outreach and Extension; 1996 - present)

#### PROFESSIONAL ASSOCIATIONS

American Psychological Association (1995 - present)  
National Association for the Education of Young Children (1996 - present)  
National Conference on Family Relations (1996 - 2005)  
Society for Research in Child Development (1988 - present)